RACE AGAINST LYME 5K WALK/RUN
SUNDAY, APRIL 27, 2014 – 10AM
COVE ISLAND PARK, STAMFORD, CT

DAY OF EVENT
VOLUNTEER OPPORTUNITIES

_____ **REGISTRATION** - On the morning of the event, help process those who are registering for the event. An on-site orientation will be given upon arrival.
Time Commitment: 8:30am – 10:30am

_____ **COURSE MARSHAL** - Direct and encourage runners along the course route. Plan to be on the course for approximately two hours. Dress comfortably and for the weather.
Time Commitment: 9:30am – 11:30am

_____ **WATER STATIONS** - Fill and distribute water cups at one of the following locations: the start, the finish, or on the course. Ensure that water remains plentiful for all participants and clean the area after the runners/walkers have passed.
Time Commitment: 9:30am - 11:30am

_____ **REFRESHMENTS** - Help organize refreshments (granola bars, bananas, etc.) and assist with the distribution after the event. Also includes clean up (bagging all trash and corrugating all boxes).
Time Commitment: 9:30am - 11:30am

_____ **VOLUNTEER CHECK-IN** – Remind volunteers of their duties & direct them to appropriate areas.
Time Commitment: 8:30am - 10:30am

_____ **INFORMATIONAL/DIRECTIONAL GREETERS** – Welcome and direct participants as they arrive.
Time Commitment: 8:30am - 10:30am

_____ **FINISH LINE** - Help timing company with the order of finishers.
Time Commitment: 9:30am - 11:30am

COUNT ME IN!

First Name: _____ Last Name: _____

Mailing Address: _____

City: _____State: _____ Zip: _____

Email Address: _____ Telephone: _____

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Lyme Research Alliance is a 501(C)(3) charitable organization.
The Federal tax ID number is 06-1559393.